



Improving the clinical care of patients through research

The Northern Centre of Mood Disorders (NCMD) is one of Northumberland, Tyne and Wear (NTW) Foundation Trust's "academic Clinical Collaborations".

NCMD will improve clinical care of patients through research. At its heart is a collaboration between NTW and Newcastle University, which will increasingly involve other health care providers and academic institutions for mutual benefit.



The first major goal of NCMD is to **improve the care of patients with mood disorders**. NCMD aims to achieve this through greater research into the underpinnings, and treatment of, mood disorders. NCMD will act as a focus for the development and implementation of cutting edge therapies and the development of optimised patient pathways. NCMD will have strong links with the Regional Affective Disorders Service (RADS) and the Adolescent Bipolar Service (ABS) within NTW.



The second major goal of NCMD is to **undertake cutting edge research in mood disorders**. Current strengths within NTW and Newcastle University (particularly within the institute of Neuroscience) will be enhanced through increased collaborative links both internally and externally. A key element of the strategy to increase national research funding will be the creation of large NCMD Research Register of Individuals, both patients and healthy subjects, who are willing to take part in research. The aim to make NCMD one of the "go to" centres in the UK by funders, such as the National Institute for Mental Health, when commissioning research.

The third major goal is **education related to mood disorders**. This will support the first two goals. NCMD will develop a strong and comprehensive educational portfolio aimed at healthcare professionals in both secondary and primary care. NCMD will also provide training and support for individuals wishing to develop their research skills or pursue an academic career. An additional important element of NCMD's work will centre on public engagement. NCMD will host public educational events. The aim is to break down stigma and increase awareness and understanding of mood disorders, fostering engagement with the design of research as well as facilitating participation in research.

The link below guides you to the NCMD Website, which can signpost to relevant stakeholder agencies and holds a "library" of related publications.

<http://mood-disorders.co.uk/>