

Research and Evidence Bulletin

NECS Research
and Evidence Team

July 2019

Thank you to everyone involved in making the Care Homes research event both memorable and informative. We had attendance from a wide range of stakeholders, including: NECS, Primary Care, Foundation Trusts, CCGs, Local Authorities, Care Homes and Academia which particularly enriched the information from the participatory exercises to prioritise future research. We look forward to carrying this important work forward with your continued support. *Shona*

Contact the Team



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<https://www.necsu.nhs.uk/research-evidence/>

CARE HOME RESEARCH:

Current State and Future Priorities

We were delighted to welcome so many delegates to our event, which was conducted in collaboration with Newcastle University and AHSN. Everyone was fully engaged in the participation exercises to prioritise from the Stakeholders' perspective future research questions. We captured a lot of useful feedback on the day and interrogation of the event evaluation forms. A brief report around the feedback has been collated and is shared on our website, along with the slides from the day – use the link at bottom of the page.



We had a number of key note speakers;

Professor Karen Spilsbury (University of Leeds) and **Peter Hodkinson** (Westward Care) talked about **NICHE** (Nurturing Innovation in Care Home Excellence) in Leeds. This is a collaborative partnership looking to create a platform for enhancing quality in Care Homes in Leeds which:

- Enhances and supports quality in Care Homes;
- Promotes inter-disciplinary collaboration and partnership;
- Improves working links between practice, research and education;
- Attracts research funds; and
- Raises the profile of care for older persons and Care Homes.

Professor Claire Goodman discussed the **DACHA** programme - Developing research resources And minimum data set for Care Homes' Adoption and use. This aims to establish what data needs to be in place to support research, service development and uptake of innovation in care homes and how to synthesise existing evidence and data sources with care home generated resident data to deliver a minimum data set (MDS) that is usable and authoritative for different user groups (residents, relatives, business, practitioners, academics, regulators and commissioners).

There was a series of short presentations giving a flavour of current evaluations in the region, including ;

- Research in Care Homes – why are we “hanging about”
- Improving mealtimes for people with dementia
- Good NEWS (National Early Warning Score) for Care Homes
- Feasibility of the use of NEWS2 scores in Care Homes
- Innovations to Enhance Health in Care Homes
- Medication Management and Safety in Care Homes

There were enlightening presentations by Jim Ainslie (VOICE) and Alison Redhead a Care Home Manager from York giving their personal experience of being involved in research projects.

We will continue to work up the ideas generated by participants and engage with them to take forward research in this area.



#CareHomeResearchNE #DigitalCareHomes

<https://www.necsu.nhs.uk/research-evidence/events/>

Information Sharing

The NECS Research and Evidence team continues to share reports about outcomes from research and evidence in the North East and North Cumbria using our Research Library webpage <https://www.necsu.nhs.uk/research-evidence/research-library/> It has recently been updated with information including:

- **2019-05 South Tees DVT Study Article** – funded by South Tees CCG and led by a local GP this article discusses the study of DVT in addicts who inject into the groin.
- **2019-05 YP Transition Research Programme** – full title “Facilitating the transition of young people with long-term conditions through health services from childhood to adulthood: the Transition research programme”. This is summated below

There are also details of a number of events and public lectures in our events page <https://www.necsu.nhs.uk/research-evidence/events/>

For regular updates of information shared on the website, we advise following us on twitter @NECSRETeam. This also gives colleagues the opportunity to keep abreast of what’s happening with Research and Evaluation in the North East and North Cumbria, plus national information to support decision making.

If you have research or evidence reports that you would like help to disseminate, please submit to the team and we will share published reports on our webpage

Current Projects List: <https://www.necsu.nhs.uk/wp-content/uploads/2019/05/Current-Projects-List-Q4-2018-19.pdf>

RESEARCH TRAINING OPPORTUNITY AT NORTHUMBRIA UNIVERSITY

If you are a registered healthcare professional interested in progressing your career, and at the same time making a real difference for your patients/client group, then this part-time course could be an ideal opportunity. Studying on this programme will support future career progression, enabling you to move into more senior roles and make a positive contribution to the future of healthcare.

Led by a highly experience teaching team, you will learn everything you need to know to undertaken ethically sound and impactful research within your area of practice. The course is delivered in a blended format, to allow for maximum flexibility in fitting study in around other commitments. When you graduate, you will be fully equipped to undertake research to inform your area of practice.

During the first year, you will have access to interactive e-lectures and come onto campus for half-day fortnightly to consolidate your learning. In the second year, you will undertake a major research project based on your own workplace or within a research group at Northumbria University.

For more details of how to enrol and entry qualifications, please use the link below.

<https://www.northumbria.ac.uk/study-at-northumbria/courses/master-of-research-healthcare-professional-practice-dtphcf6/>

Details about opportunities to get involved in Research can be found at

<https://www.necsu.nhs.uk/research-evidence/get-involved/>

BLOG – NOT MADE TO BE MEASURED: Evaluating Integrated Care Initiatives

Initiatives to join up care and keep people well outside hospital have moved at pace across the NHS in recent years. Knowing which of these, if any, actually work for patients will be crucial to success, and to the health service’s ability to show it is using staff and money wisely. Blog Content is summated on our team Website - and can be found in full at - <https://www.nuffieldtrust.org.uk/news-item/not-made-to-be-measured-why-evaluating-integrated-care-initiatives-is-so-difficult#a-partial-picture> @EilisKeeble @NuffieldTrust

North East-based national research recommends improvements to put young people at heart of NHS care

A major national study based in the North East has recommended a number of improvements which would place young people with long-term health conditions at the heart of their NHS care.

The research, led by Northumbria Healthcare NHS Foundation Trust with teams at Newcastle University and other UK institutions, was a five-year programme which examined the period when young people with conditions such as diabetes, cystic fibrosis, cerebral palsy, chronic mental health problems and muscular dystrophy transfer from children’s to adults’ services – known as ‘transition’. Typically this occurs between the ages of 14 and 21.

<https://www.necsu.nhs.uk/wp-content/uploads/2019/05/2019-06-TransitionResearchProgramme.pdf>

INVITATION TO ATTEND PUBLIC LECTURE

Northumbria University welcomes

Professor Croisdale-Appleby

OBE, FAcSS, FRSPH, HonFCSFS, HonFAcadMEd

The Integration of Health and Social Care: or the Hunting of the Snark!

Th 18th July 2019, 4-5pm at Northumbria University, Coach Lane Campus East Clinical Skills Lecture Theatre 022

Link to more details – <https://www.necsu.nhs.uk/wp-content/uploads/2019/06/2019-07-18-PUBLIC-LECTUREIntegrationOfHealthAndSocialCare-1.pdf>