



# Research and Evidence Training / CPD Sessions 2019

The following sessions can be attended by any NECS, CCG and Primary Care staff (e.g. GPs, Practice Nurses, Practice Managers), and are free to attend.

## An Introduction to Research and Evidence

This session is aimed at those who have limited knowledge about research or for those who would like a refresher. It will cover the different types of evidence available and how these are rated as stronger or weaker. All the key research designs will be discussed from case studies to randomised control trials, and both qualitative and quantitative methods. The session will also include details about the NECS Research & Evidence Team and how the team can support and advise you.

Thursday 19<sup>th</sup> September - Seminar Room at Sedgefield Community Hospital, 9.30am – 11.30am.

## Finding evidence

If you want to know how and where to find evidence, this is the session for you. We will explain how to develop a search strategy and know where to access research papers. This session will have a practical focus, with a hands on searching session. Attendees are asked to get an OpenAthens\* account prior to attending and bring a laptop with them.

Thursday 17<sup>th</sup> October - Seminar Room at Sedgefield Community Hospital, 9.30am – 11.30am.

## Appraising evidence

This is a practical hands on workshop session giving people the tools and techniques to enable critical appraisal of evidence, to include both qualitative and quantitative research papers. It is equally aimed at staff needing to use evidence in their role, and those who are developing a research project. Attendees are asked to bring a laptop with them, and are welcome to bring evidence with them they would like to appraise within the session.

Wednesday 13<sup>th</sup> November - Seminar Room at Sedgefield Community Hospital, 9.30am – 11.30am.

## Designing & carrying out evaluations

This session will define what is meant by evaluation and the important role it has in a healthcare context. The steps needed to go through to design and complete an evaluation project will be discussed. Evaluations could range from evaluation of a small administrative change, such as telephone answering times at one GP surgery, to a new patient service and CCG policy. Practical tips, tools and resources will be shared as well as how the R&E Team can support you.

Wednesday 26<sup>th</sup> June – Board Room, Riverside House, Newburn, 9.30am – 11.30am.

Wednesday 11<sup>th</sup> December - Seminar Room at Sedgefield Community Hospital, 9.30am – 11.30am.

These sessions are delivered by the NECS Research and Evidence (R&E) Team at a variety of different dates and venues throughout the year. For details of other sessions please see <https://www.necsu.nhs.uk/research-evidence/>. Although sessions are free, places must be booked in advance due to limited places.

**To book a place, or if you have any questions please email  
NECSU.RETeam@nhs.net giving your name, role and contact details.  
NECS staff can book direct via the NECS Learning website.**

*\*details of how to set up an OpenAthens account will be circulated in advance*

