

Research and Evidence Bulletin

NECS Research
and Evidence Team

October 2019

The Research and Evidence team see value in sharing learning from research and evaluation studies, so arrange information sharing events throughout the year.

Please join us for our latest event, detailed below. Commissioning decisions and service developments, supported by robust evidence, are vital in moving forward service transformation in primary care.

Shona

Contact the Team



@NECSRETeam



NECSU.RETeam@nhs.net



0191 217 2528 (switchboard)



<https://www.necsu.nhs.uk/research-evidence/>

Research and Evidence in Primary Care: What Works and for Whom

“Four Corners” Room, St James’ Park *

Tuesday 10th December 2019 - From 10.00 to 16.00

** venue is well served by public transport and local car parking*

We are organising a learning event, showcasing primary care evaluations being undertaken in the region. Presentation themes will include:

Ageing

Working Across
Boundaries/
Integration

Shared Medical
Appointments

ARC
Applied Research
Collaborative

Public Health/
Prevention

Social
Prescribing

This event is
aimed at all with an interest
in primary care, commissioning and Primary Care Networks.
Join us to find out more – don’t miss out, places are limited

*Light Buffet Lunch
will be provided for all delegates –
so please let us now if you have any
dietary restrictions.*

Book Your Place!

Email:

NECSU.RETeam@nhs.net

Information Sharing

The team continues to share research, evaluations and evidence from the North East, North Cumbria and North Yorkshire using our

[Research Library Webpage](#)

For regular updates of information shared on the website, we would advise following us on twitter @NECSRETeam.

If you have any ideas for Research to be considered, please use the link [Research Ideas Inbox](#)

National Institute for Health Research
Applied Research Collaborative
North East and North Cumbria

Launch Event

on 15th November 2019

at the Centre for Life in Newcastle

It is hoped that as many people as possible can attend to celebrate the exciting opportunities that the NIHR ARC NENC will bring:

- What does ARC mean for the region?
- Meet the Team
- Explore the Themes
- How to become involved

**YOU ARE INVITED TO ATTEND
HOLD THE DATE**

Further details regarding registration and the programme will be available at the beginning of October 2019 - keep up-to-date by following on Twitter

@ArcNih

**OPPORTUNITIES TO TAKE
PART IN RESEARCH**

Negotiating commissioning pathways for the successful implementation of innovative health technology in primary care

Dr Shona Haining was a researcher on a larger NIHR programme grant looking at testing and persuading a new technology in primary care for peripheral arterial disease. The research question addressed was "how to commission new technologies", showing the challenges of commissioning pathways and service transformation, and suggesting the new ICS/P may be a solution for adoption of innovation.

The link below is the publication as a result of this work

<https://bmchealthservres.biomedcentral.com/articles/10.1186/s12913-019-4477-3>

Cochrane Evidence Essentials is a learning opportunity which offers an introduction to Evidence Based Medicine, clinical trials and Cochrane evidence, designed for healthcare consumers (patients, care givers, family members), policy makers and members of the healthcare team. The learning has been co-produced by healthcare consumers, researchers and specialists from Cochrane's Central Executive Team, with contributions from a range of experts in their fields

It is interactive, with things to read, film and audio, quizzes, and ways to check your learning. There are links to further resources if you wish to continue learning about a particular topic.

Cochrane Evidence Essentials is free to use, with a Cochrane account ([free to sign up](#)) <https://training.cochrane.org/essentials>

As always, the NECS Research and Evidence Team are available to support colleagues in finding and critically appraising evidence.

<https://www.necsu.nhs.uk/research-evidence/get-involved/>
links to opportunities to be involved in research –
including training to develop your knowledge, skills and understanding

Are you a GP or Primary Care Practice Nurse?

The respiratory research group at Newcastle University, led by Professor John Simpson, are investigating the effect of ageing on acute inflammatory responses. It aims to recruit healthy volunteers from two age groups in the study: those aged 18-30 and those aged 65 or over – **please help by signposting people over 65 towards the study**. Requirements for the over 65 group are that the potential participants consider themselves healthy, do not smoke, and are taking neither steroids nor aspirin. People who meet the criteria and are invited to take part in the study must be able to travel to City Hospital Sunderland for a screening visit and subsequent study day.

For more information - telephone 07930 760335 or email wezi.sendama@newcastle.ac.uk

RECRUITMENT OPEN TO AUGUST 2020

UK survey of NHS services for people with Fibromyalgia

PACFiND - **PA**tient-centred **C**are for **F**ibromyalgia: **N**ew pathway **D**esign, funded by Versus Arthritis, which aims to improve healthcare for people with Fibromyalgia. This survey is intended for health professionals who, in the last two years, have seen patients with Fibromyalgia or with signs and symptoms suggestive of Fibromyalgia (i.e. persistent widespread pain/tenderness for at least three months, with associated presentations, such as fatigue, non-restorative sleep, impaired memory/concentration and mood disorders). **Healthcare Providers in England, Northern Ireland, Scotland and Wales are invited to complete the survey which should take no more than 5 minutes of your time.**

Your participation is entirely voluntary and your responses will be anonymous. Please click [here](#) or copy and paste the link below into your Internet browser to go to the survey. <https://redcap.abdn.ac.uk/surveys/?s=HX9DCP8ACA>

If you have any comments or questions, please contact the PACFiND team on pacfind@abdn.ac.uk

SURVEY OPEN TO 31 OCTOBER 2019

The Research and Evidence Team have scheduled more training courses being delivered in Northallerton in Spring 2020 – link to details - <https://www.necsu.nhs.uk/wp-content/uploads/2019/10/Training-SPRING-2020.pdf>